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PSUK 10 Mile Road Race Championship 2022

Wednesday 7th September 2022

On Wednesday 7th September 2022 Police Scotland hosted the 10 mile road race championship at Pollok Park, Glasgow. The 10 mile route was on road and footpaths through Pollok and Bellahouston Parks. The weather was predominantly dry and offered good race conditions.

Numbers were down on previous years with only 252 runners (146 male, 106 females) entering the race. A full race brief was sent in advance to all competitors, however, unfortunately the lead pack took a wrong turn near the first mile marker, before returning to the correct route, so overall timings are reflective of this group running just over 10 mile distance.

The evening function and prize giving was held in the Crowne Plaza Hotel and was a great success. ACC Steve Johnson presented medals and trophies with the night finishing off with a Ceilidh band.

Summary of winners:

Cheshire Cup (Male Open)

Place	Name	Time	Type	Force
1	MARTIN BROWN	00:59:46	MOpen	Police Scotland
2	JASON BENNETT	01:01:03	MOpen	West Midlands Police
3	HARRY PATON	01:03:02	MOpen	Metropolitan Police

Milk Cup (Female open)

Place	Name	Time	Type	Force
1	KAT ALPE	01:07:32	FV35	Metropolitan Police
2	APRIL CLARKE	01:07:59	FOpen	PSNI
3	LINDSAY DIXON	01:08:42	FV45	Cheshire Constabulary

West Midlands Trophy (Male Vets)

Place	Name	Time	Type	Force
1	IAN PHILLIPS	01:05:49	MV45	Derbyshire Police, GBR
2	STEPHEN CARMICHAEL	01:05:55	MV45	Police Scotland, GBR
3	MARK REILLY	01:06:36	MV50	Police Scotland, GBR

Gurnard Pines Cup (Female Vets)

Place	Name	Time	Type	Force
1	KAT ALPE	01:07:32	FV35	Metropolitan Police, GBR
2	LINDSAY DIXON	01:08:42	FV45	Cheshire Constabulary, GBR
3	DIANNE LAUDER	01:08:57	FV45	Police Scotland, GBR

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Hird Trophy (open Male Team)

Place	Name
1	Police Scotland
2	Devon and Cornwall Police
3	PSNI

Tarka Trophy (Open Female Team)

Place	Name
1	Police Scotland
2	Metropolitan Police
3	Cheshire Constabulary

Male Team Vet

Place	Name
1	Police Scotland
2	PSNI
3	Devon and Cornwall Police

Female Team Vet

Place	Name
1	Police Scotland
2	Cheshire Constabulary
3	Metropolitan Police