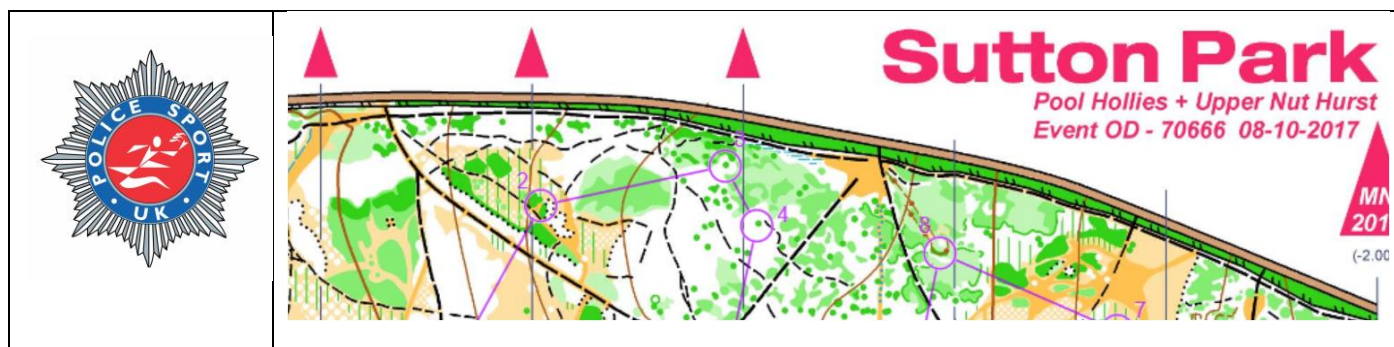


PSUK Orienteering Championships - Sunday 13 November 2022



The 2022 PSUK Orienteering Championships will be held on Sunday 13 November 2022 at Sutton Park, near Sutton Coldfield in conjunction with a club event organised by the Coventry and Warwickshire Orienteering Club. Sutton Park is a mixture of wooded and open areas and is fairly runnable. Start times: 10.30am – 12.30pm.

Information on the event can be found [here](#) when available. A map showing courses from a previous event can be found [here](#).

Courses

Course	Class	Course	Distances
A	Men's Open	Blue	6 -7 km
B	Women's Open	Green	4 -5 km
C	Veteran Men A veteran is aged 40 years or over in 2022	Green	4 -5 km
D	Veteran Women A veteran is aged 40 years or over in 2022	Short Green	3 -4 km
E	Super Vets Men A Super Vet is aged 70 years or over in 2022	Short Green	2.5 – 3 km
F	Super Vets Women A Super Vet is aged 70 years or over in 2022	Short Green	2.5 – 3 km
G	Introductory For newcomers to the sport giving a 30–40-minute run Pairs acceptable.	Orange	3k

Entries: All competitors will be required to agree and comply with any Government Covid guidelines. All entries have to be made on-line.

Once entries are open, please enter here: [Fabian4 - Entries and Timing](#). If you are not a BOF member please enter PSUK in the club box. When selecting a start block please select one before 12 noon so the prize giving can take place at 1.30pm. You enter the colour course appropriate to your 'Class' as above.

Please advise Peter by email to psukorienteering@btinternet.com if you have entered. He will also deal with any enquiries you have and NOT the event organiser.

Team Competitions

Men's Open: 3 to score, based on finishing position compared with other PSUK entrants.

Mixed Team: 3 to score from courses A to F compared with other PSUK entrants excluding those scoring for the Men's Open.

Awards/Prizes

These will depend on entries but each course winner as a minimum. First Man and Women on the Orange course.

PSUK v RAF

The event will also include our annual challenge match against the RAF.