

PSUK X Country 2022 Race Report

Normanby Hall - Humberside

It was great to see PSUK racing back up to speed after 2 years of disruption due to Covid, Humberside promised a course that offered a mixture of terrain, a bit of undulation, and a large puddle . . . And they didn't disappoint.

The weather forecast looked rather gloomy on race morning but thankfully the rain held off until after the race finish although there was enough water to be had on the course.

The ladies race was first off and a close fought battle with less than 45 seconds between 1st and 2nd place. Nichola Jackson of Cumbria crossing the line 1st in 33:33 followed by Natalie Farrow of Lincolnshire in 34:13 and Amy Beck of Norfolk in 35:37.

The mens race followed and was equally as close with Andrew Miles of Cheshire coming home in 36:03, in 2nd place was Matthew Speed from the Met in 36:33 and Martin Williams from the West Mids in 37:17.

The winning teams were as follows

Men Overall – West Midlands

Ladies Overall - Met

Mens Minor Forces - Wiltshire

Ladies Minor Forces – Gloucester

Big congratulations to the Humberside team for hosting a great event.

PSUK Cross Country race in 2023 will be held in Wiltshire.



PSUK X Country 2022 Race Report

Normanby Hall - Humberside

