

OFFICIAL

Police Sport UK 10miles

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Men Cheshire Cup

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Num
1	184	MARTIN BROWN	00:59:46		MOpen	Police Scotland, GBR	3:43/K	16.2kph	1		
2	125	JASON BENNETT	01:01:03		MOpen	West Midlands Police, GBR	3:48/K	15.8kph	2		
3	67	HARRY PATON	01:03:02		MOpen	Metropolitan Police, GBR	3:55/K	15.3kph	3		
4	250	IAN PHILLIPS	01:05:49		MV45	Derbyshire Police, GBR	4:05/K	14.7kph	4		
5	185	STEPHEN CARMICHAEL	01:05:55		MV45	Police Scotland, GBR	4:06/K	14.7kph	5		
6	191	MARK REILLY	01:06:36		MV50	Police Scotland, GBR	4:08/K	14.5kph	6		
7	124	DAVE WILSON	01:06:56		MV40	West Midlands Police, GBR	4:09/K	14.4kph	7		
8	256	MIKE FRYER	01:07:02		MOpen	Cheshire Constabulary, GBR	4:10/K	14.4kph	8		
9	154	KEITH MCGUILE	01:07:04		MV40	PSNI, GBR	4:10/K	14.4kph	9		
10	51	JULIAN SMITH	01:07:13		MOpen	Devon and Cornwall Police, GBR	4:11/K	14.4kph	10		
11	248	DANIEL KELLY	01:07:18		MOpen	Leicestershire, GBR	4:11/K	14.4kph	11		
12	38	MIKE ELLIS	01:07:25		MV45	Devon and Cornwall Police, GBR	4:11/K	14.3kph	12		
13	26	SIMON FRICKE	01:07:35		MV40	North Yorkshire Police, GBR	4:12/K	14.3kph	14		
14	31	TIMOTHY KNIGHT	01:07:38		MOpen	Essex Police, GBR	4:12/K	14.3kph	15		
15	147	DARREN HAMILTON	01:07:47		MV45	PSNI, GBR	4:13/K	14.2kph	16		
16	258	JOSEPH MAINWARING	01:07:47		MOpen	South Wales Police, GBR	4:13/K	14.2kph	17		
17	179	MATTHEW HIGSON	01:08:04		MV45	Police Scotland, GBR	4:14/K	14.2kph	19		
18	230	NICHOLAS JONES	01:08:13		MV40	North Wales Police, GBR	4:14/K	14.2kph	20		
19	47	ALEX DANIELS	01:08:16		MV45	Devon and Cornwall Police, GBR	4:14/K	14.1kph	21		
20	64	TEY LYNN-JONES	01:08:31		MOpen	Metropolitan Police, GBR	4:15/K	14.1kph	22		
21	192	DARREN CAVAROLI	01:08:49		MV50	Police Scotland, GBR	4:17/K	14.0kph	24		
22	96	DAN TOTTERDALE	01:08:51		MOpen	South Wales Police, GBR	4:17/K	14.0kph	25		
23	194	MARK LOVE	01:08:51		MOpen	Police Scotland, GBR	4:17/K	14.0kph	26		
24	187	KEVIN HUGHES	01:08:55		MV50	Police Scotland, GBR	4:17/K	14.0kph	27		
25	249	SHAUN BOTT	01:08:56		MOpen	Derbyshire Police, GBR	4:17/K	14.0kph	28		
26	225	PAUL ALLEN	01:08:59		MV55	Hertfordshire Constabulary, GBR	4:17/K	14.0kph	30		
27	48	CLIVE RAMSDEN	01:09:06		MV45	Devon and Cornwall Police, GBR	4:18/K	14.0kph	31		
28	148	DANIEL BURNS	01:09:19		MOpen	PSNI, GBR	4:18/K	13.9kph	32		
29	156	PAUL FLOYD	01:09:22		MV45	PSNI, GBR	4:19/K	13.9kph	33		
30	255	JACK PILKINGTON	01:09:26		MOpen	Cheshire Constabulary, GBR	4:19/K	13.9kph	34		
31	153	DOUGIE GORDON	01:09:36		MV40	PSNI, GBR	4:19/K	13.9kph	35		
32	200	LUKE KIRWAN	01:09:49		MOpen	Police Scotland, GBR	4:20/K	13.8kph	36		
33	111	ANTHONY OLIVER	01:09:50		MV55	Cleveland Police, GBR	4:20/K	13.8kph	37		
34	234	CRAIG JONES	01:09:55		MV50	North Wales Police, GBR	4:21/K	13.8kph	38		

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35	81	CHRIS HARRIS	01:10:07	MV45	West Mercia Police, GBR	4:21/K	13.8kph	41
36	193	ROSS MCNAUGHT	01:10:13	MOpen	Police Scotland, GBR	4:22/K	13.8kph	42
37	186	KEVIN CRAIG	01:10:13	MV40	Police Scotland, GBR	4:22/K	13.8kph	43
38	162	GRAHAM GILLHAM	01:10:25	MV55	Surrey Police, GBR	4:22/K	13.7kph	44
39	57	MARK PENNY	01:10:35	MV40	Kent Police, GBR	4:23/K	13.7kph	45
40	97	STEPHEN JENKINS	01:10:38	MV45	South Wales Police, GBR	4:23/K	13.7kph	46
41	40	DANIEL JONES	01:10:52	MOpen	Devon and Cornwall Police, GBR	4:24/K	13.6kph	47
42	188	ALAN HERON	01:11:27	MOpen	Police Scotland, GBR	4:26/K	13.5kph	49
43	242	BEN GARNETT	01:11:28	MOpen	North Wales Police, GBR	4:26/K	13.5kph	50
44	189	ERIC ANDERSON	01:12:17	MV45	Police Scotland, GBR	4:29/K	13.4kph	54
45	42	ANDY DUDLEY	01:12:28	MV50	Devon and Cornwall Police, GBR	4:30/K	13.3kph	55
46	84	KELVIN BIERTON	01:12:44	MV45	West Mercia Police, GBR	4:31/K	13.3kph	56
47	110	IAN MAWDESLEY	01:12:49	MV40	Bedfordshire Police, GBR	4:31/K	13.3kph	57
48	237	GLYN HUGHES	01:12:55	MOpen	North Wales Police, GBR	4:32/K	13.2kph	58
49	116	STUART DINWOODIE	01:12:58	MV60	Wiltshire Police, GBR	4:32/K	13.2kph	59
50	100	RYAN HARTLEY	01:13:13	MV45	South Wales Police, GBR	4:33/K	13.2kph	61
51	130	MATT CLARK	01:13:19	MV40	West Midlands Police, GBR	4:33/K	13.2kph	62
52	102	MARTIN SLEVIN	01:13:20	MV55	Dyfed-Powys Police, GBR	4:33/K	13.2kph	63
53	28	JAMES PEARSON	01:13:44	MV45	North Yorkshire Police, GBR	4:35/K	13.1kph	64
54	128	JASON HILL	01:14:10	MV45	West Midlands Police, GBR	4:36/K	13.0kph	65
55	46	BARRY FORST	01:14:19	MV60	Devon and Cornwall Police, GBR	4:37/K	13.0kph	66
56	199	COLIN JAMIESON	01:14:47	MV40	Police Scotland, GBR	4:39/K	12.9kph	68
57	181	ANDY MACDONALD	01:15:21	MV45	Police Scotland, GBR	4:41/K	12.8kph	69
58	60	JUSTIN WATTS	01:15:24	MV45	Kent Police, GBR	4:41/K	12.8kph	70
59	45	STEFANO FERRARI	01:15:25	MOpen	Devon and Cornwall Police, GBR	4:41/K	12.8kph	71
60	231	ROSS TUTTON	01:15:28	MV40	North Wales Police, GBR	4:41/K	12.8kph	73
61	177	PAUL EMERY	01:15:34	MV40	Police Scotland, GBR	4:42/K	12.8kph	75
62	240	PAUL CASSIDY	01:15:37	MV40	North Wales Police, GBR	4:42/K	12.8kph	76
63	202	CAMPBELL PETRIE	01:15:42	MV45	Police Scotland, GBR	4:42/K	12.8kph	77
64	32	DANIEL LEE	01:16:02	MOpen	Essex Police, GBR	4:43/K	12.7kph	79
65	49	WILLIAM YOUNG	01:16:02	MOpen	Devon and Cornwall Police, GBR	4:43/K	12.7kph	80
66	95	TIM JAMES	01:16:23	MV45	South Wales Police, GBR	4:45/K	12.6kph	81
67	115	ANDREW BRIDGE	01:16:36	MV50	Wiltshire Police, GBR	4:46/K	12.6kph	82
68	251	KARL WEBSTER	01:16:49	MV50	Derbyshire Police, GBR	4:46/K	12.6kph	83
69	35	PAUL ROSS	01:16:51	MV40	Essex Police, GBR	4:46/K	12.6kph	85
70	139	MARK VAUGHTON	01:17:11	MV50	Lancashire Constabulary, GBR	4:48/K	12.5kph	87
71	39	ANDY SKELTON	01:17:18	MV40	Devon and Cornwall Police, GBR	4:48/K	12.5kph	88

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72	61	PETER WILCOXON	01:17:23	MV50	Kent Police, GBR	4:48/K	12.5kph	89
73	134	ALEX LANGFORD	01:17:27	MV40	West Midlands Police, GBR	4:49/K	12.5kph	90
74	126	PAUL BAKER	01:17:59	MV40	West Midlands Police, GBR	4:51/K	12.4kph	91
75	103	CARL HORTH	01:18:17	MV40	Humberside Police, GBR	4:52/K	12.3kph	93
76	198	JAMES WALES	01:18:19	MOpen	Police Scotland, GBR	4:52/K	12.3kph	94
77	210	MARTIN CALDWELL	01:18:28	MV45	Cheshire Constabulary, GBR	4:52/K	12.3kph	95
78	121	MARK LUFFMAN	01:18:33	MV50	Wiltshire Police, GBR	4:53/K	12.3kph	96
79	233	OLIVER THOMPSON	01:18:36	MV40	North Wales Police, GBR	4:53/K	12.3kph	97
80	104	ANDREW GUEST	01:18:37	MV45	Humberside Police, GBR	4:53/K	12.3kph	98
81	78	AIDAN KELLY	01:18:47	MV50	Metropolitan Police, GBR	4:54/K	12.3kph	100
82	69	KEVIN CONCANNON	01:19:04	MV60	Metropolitan Police, GBR	4:55/K	12.2kph	102
83	43	CALLUM LAMONT	01:20:05	MV55	Devon and Cornwall Police, GBR	4:59/K	12.1kph	105
84	164	KENNETH WILLIS	01:20:15	MV60	NORTHAMPTONSHIRE POLICE, GBR	4:59/K	12.0kph	106
85	226	DES MICHAEL	01:20:50	MV60	Hertfordshire Constabulary, GBR	5:01/K	11.9kph	109
86	70	TREVOR NORMOYLE	01:21:13	MV40	Metropolitan Police, GBR	5:03/K	11.9kph	112
87	208	MICHAEL NUNN	01:21:33	MOpen	Northumbria Police, GBR	5:04/K	11.8kph	113
88	83	BEN HOCKING	01:21:34	MOpen	West Mercia Police, GBR	5:04/K	11.8kph	114
89	122	JAMIE SMITH	01:21:54	MOpen	South Yorkshire Police, GBR	5:05/K	11.8kph	116
90	27	DANIEL PRESTON	01:22:57	MV45	North Yorkshire Police, GBR	5:09/K	11.6kph	121
91	127	JON BEARD	01:23:00	MV45	West Midlands Police, GBR	5:09/K	11.6kph	122
92	41	KEVIN RICHARDS	01:23:02	MV55	Devon and Cornwall Police, GBR	5:10/K	11.6kph	123
93	235	NICHOLAS V BROWN	01:23:27	MV60	North Wales Police, GBR	5:11/K	11.6kph	126
94	175	GARETH CRAIG	01:23:30	MOpen	Police Scotland, GBR	5:11/K	11.6kph	127
95	131	RHYS MCDOWELL	01:23:33	MOpen	West Midlands Police, GBR	5:11/K	11.6kph	128
96	101	CHRISTOPHER COLLIN	01:23:52	MV40	South Wales Police, GBR	5:13/K	11.5kph	129
97	108	PAUL ANDERSON	01:24:44	MV50	Humberside Police, GBR	5:16/K	11.4kph	131
98	159	PETER LADDIMAN	01:25:07	MV60	Norfolk Constabulary, GBR	5:17/K	11.3kph	132
99	75	STEVEN EVANS	01:25:32	MV45	Metropolitan Police, GBR	5:19/K	11.3kph	133
100	195	HENRY O'DONNELL	01:26:27	MV45	Police Scotland, GBR	5:22/K	11.2kph	136
101	239	CAMERON LEON-DAWSON	01:27:12	MOpen	North Wales Police, GBR	5:25/K	11.1kph	139
102	119	CHRIS HANSON	01:27:48	MV50	Wiltshire Police, GBR	5:27/K	11.0kph	141
103	34	CHARLES QUAEY	01:29:55	MV55	Essex Police, GBR	5:35/K	10.7kph	144
104	204	JOHN BELL	01:32:50	MOpen	Police Scotland, GBR	5:46/K	10.4kph	154
105	65	RICHARD WILSON	01:32:57	MV60	Metropolitan Police, GBR	5:46/K	10.4kph	155
106	136	STEVE BROADBENT	01:35:01	MV60	Lancashire Constabulary, GBR	5:54/K	10.2kph	160

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107	149	PHILIP MCCULLAGH	01:35:50	MV50	PSNI, GBR	5:57/K	10.1kph	161
108	56	MELWYN MOORE	01:36:20	MV55	Kent Police, GBR	5:59/K	10.0kph	163
109	58	STEVE PUTLAND	01:36:51	MV50	Kent Police, GBR	6:01/K	10.0kph	166
110	129	ANDY CARNALL	01:37:43	MV50	West Midlands Police, GBR	6:04/K	9.9kph	170
111	94	CARWYN EVANS	01:38:51	MV55	South Wales Police, GBR	6:08/K	9.8kph	173
112	137	DAVID WILKINSON	01:39:37	MV60	Lancashire Constabulary, GBR	6:11/K	9.7kph	175
113	236	CHRIS RENSHAW	01:39:51	MV40	North Wales Police, GBR	6:12/K	9.7kph	176
114	221	MARK WHITLOCK	01:42:58	MV45	Hampshire Constabulary, GBR	6:24/K	9.4kph	177
115	74	JORDAN GRIMES	01:43:58	MOpen	Metropolitan Police, GBR	6:28/K	9.3kph	179
116	227	HARRY WILEY	01:44:05	MOpen	Hertfordshire Constabulary, GBR	6:28/K	9.3kph	180
117	109	DANIEL HUNT	01:45:39	MOpen	Humberside Police, GBR	6:34/K	9.1kph	183
118	241	CHRIS DAVIES	01:45:50	MV40	North Wales Police, GBR	6:35/K	9.1kph	184
119	216	MILAN DESAI	01:47:51	MV55	Hampshire Constabulary, GBR	6:42/K	9.0kph	186
120	59	JADE SYMONS	01:55:04	MV45	Kent Police, GBR	7:09/K	8.4kph	191
121	138	DAVID WATKINSON	02:07:20	MV60	Lancashire Constabulary, GBR	7:55/K	7.6kph	195
122	123	STUART PARKER	02:24:20	MV50	West Midlands Police, GBR	8:58/K	6.7kph	198

Women Milk Cup

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	ID Num
1	76	KAT ALPE	01:07:32		FV35	Metropolitan Police, GBR	4:12/K	14.3kph	13	
2	155	APRIL CLARKE	01:07:59		FOpen	PSNI, GBR	4:13/K	14.2kph	18	
3	215	LINDSAY DIXON	01:08:42		FV45	Cheshire Constabulary, GBR	4:16/K	14.1kph	23	
4	167	DIANNE LAUDER	01:08:57		FV45	Police Scotland, GBR	4:17/K	14.0kph	29	
5	144	KATHERINE COUSINS	01:10:02		FV35	Lancashire Constabulary, GBR	4:21/K	13.8kph	40	
6	169	SOPHIE CANTY	01:10:56		FOpen	Police Scotland, GBR	4:24/K	13.6kph	48	
7	214	LOUISE BLIZZARD	01:11:38		FV45	Cheshire Constabulary, GBR	4:27/K	13.5kph	51	
8	44	KELLY WOODFINE-BEARD	01:11:57		FV40	Devon and Cornwall Police, GBR	4:28/K	13.4kph	52	
9	171	RHONA FRASER	01:12:02		FV40	Police Scotland, GBR	4:29/K	13.4kph	53	
10	207	HELEN CHRISTOPHER	01:13:06		FV45	Northumbria Police, GBR	4:32/K	13.2kph	60	
11	165	AILSA CURRIE	01:15:26		FV40	Police Scotland, GBR	4:41/K	12.8kph	72	
12	68	SARAH STEPHENS	01:15:32		FV40	Metropolitan Police, GBR	4:42/K	12.8kph	74	
13	87	HARRIET JONES	01:15:50		FV45	South Wales Police, GBR	4:43/K	12.7kph	78	
14	201	ISLA SCOTT-PEARCE	01:16:51		FOpen	Police Scotland, GBR	4:46/K	12.6kph	84	
15	229	CLARE FOREMAN	01:17:05		FV40	North Wales Police, GBR	4:47/K	12.5kph	86	
16	36	TANYA STRAIGHT	01:18:14		FV40	Essex Police, GBR	4:52/K	12.3kph	92	

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17	140	LAURA LAWLER	01:18:44	FV50	Lancashire Constabulary, GBR	4:53/K	12.3kph	99
18	54	ELISE RENDALL	01:18:51	FV45	Kent Police, GBR	4:54/K	12.2kph	101
19	238	CHARLOTTE SPRINGETT	01:19:12	FOpen	North Wales Police, GBR	4:55/K	12.2kph	103
20	73	NATHALIE JUCHAU	01:19:27	FV50	Metropolitan Police, GBR	4:56/K	12.2kph	104
21	170	VAL THOMSON- KOVARIKOVA	01:20:18	FV40	Police Scotland, GBR	4:59/K	12.0kph	107
22	89	ALYSSA DOYLE	01:20:35	FOpen	South Wales Police, GBR	5:00/K	12.0kph	108
23	213	LISA GRANTHAM	01:20:59	FV45	Cheshire Constabulary, GBR	5:02/K	11.9kph	110
24	172	LISA DALGLEISH	01:21:04	FV45	Police Scotland, GBR	5:02/K	11.9kph	111
25	53	ESSEN LARSEN	01:21:39	FOpen	Kent Police, GBR	5:04/K	11.8kph	115
26	80	ANNE DAWSON	01:22:05	FV40	Metropolitan Police, GBR	5:06/K	11.8kph	117
27	166	KARLYN SAGAN	01:22:08	FV35	Police Scotland, GBR	5:06/K	11.8kph	118
28	113	GEMMA SOLE	01:22:09	FV35	Wiltshire Police, GBR	5:06/K	11.8kph	119
29	133	NICOLA PESTEL	01:22:17	FV35	West Midlands Police, GBR	5:07/K	11.7kph	120
30	232	MICHELLE FARRELL	01:23:17	FV40	North Wales Police, GBR	5:10/K	11.6kph	124
31	88	SHANNON WALKER	01:23:21	FOpen	South Wales Police, GBR	5:11/K	11.6kph	125
32	217	KATE BOYNTON	01:23:53	FV50	Hampshire Constabulary, GBR	5:13/K	11.5kph	130
33	50	JO CHURCH	01:25:32	FV55	Devon and Cornwall Police, GBR	5:19/K	11.3kph	134
34	30	DEBORAH HITCHING	01:26:00	FV45	Essex Police, GBR	5:21/K	11.2kph	135
35	143	CLANCY KATY	01:26:35	FV40	Lancashire Constabulary, GBR	5:23/K	11.2kph	137
36	99	DEBORAH EVANS	01:27:03	FV55	South Wales Police, GBR	5:24/K	11.1kph	138
37	86	RACHEL WALSH	01:27:13	FV40	South Wales Police, GBR	5:25/K	11.1kph	140
38	223	VERONICA LAWLEY	01:28:26	FV55	Hertfordshire Constabulary, GBR	5:30/K	10.9kph	142
39	82	REBECCA WYNN	01:28:47	FV40	West Mercia Police, GBR	5:31/K	10.9kph	143
40	117	LOUISE KENNELLY	01:30:02	FV45	Wiltshire Police, GBR	5:36/K	10.7kph	145
41	150	ALISON MCCONNELL	01:30:18	FV55	PSNI, GBR	5:37/K	10.7kph	146
42	92	PAULINA KARKOCHA	01:30:32	FOpen	South Wales Police, GBR	5:37/K	10.7kph	147
43	219	CLAIRE BROWN	01:30:48	FV40	Hampshire Constabulary, GBR	5:38/K	10.6kph	148
44	190	KAREN CAMERON	01:31:05	FV40	Police Scotland, GBR	5:40/K	10.6kph	149
45	174	CAT GLASS	01:31:05	FV40	Police Scotland, GBR	5:40/K	10.6kph	150
46	29	CARYS SAMUEL	01:31:12	FOpen	North Yorkshire Police, GBR	5:40/K	10.6kph	151
47	243	CHERYL LORD-BROWN	01:31:43	FV50	North Wales Police, GBR	5:42/K	10.5kph	152
48	163	MADELEINE MOUTRIE	01:32:35	FV55	NORTHAMPTONSHIRE POLICE, GBR	5:45/K	10.4kph	153
49	228	CLARE HALFPENNY	01:33:16	FV45	Hertfordshire Constabulary, GBR	5:48/K	10.4kph	156
50	160	LUCY CAMPBELL	01:33:17	FV55	Norfolk Constabulary, GBR	5:48/K	10.4kph	157

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51	211	VICTORIA KEHOE	01:34:16	FV50	Cheshire Constabulary, GBR	5:51/K	10.2kph	158		min	
52	118	PHILIPPA ROYSTON	01:34:38	FV35	Wiltshire Police, GBR	5:53/K	10.2kph	159			
53	220	LOUISE KENNEDY	01:35:54	FV45	Hampshire Constabulary, GBR	5:57/K	10.1kph	162			
54	168	GILLIAN STEWART	01:36:27	FV50	Police Scotland, GBR	6:00/K	10.0kph	164			
55	93	AGNIESZKA GLADYSIEWICZ	01:36:37	FOpen	South Wales Police, GBR	6:00/K	10.0kph	165			
56	85	BENTLEY DEBORAH	01:37:06	FV40	West Mercia Police, GBR	6:02/K	9.9kph	167			
57	206	SALLY YOU DEN	01:37:20	FV45	Northumbria Police, GBR	6:03/K	9.9kph	168			
58	72	JACQUI REID	01:37:37	FOpen		6:04/K	9.9kph	169			
59	152	REBECCA SHERRARD	01:37:48	FV35	PSNI, GBR	6:05/K	9.9kph	171			
60	66	MARY ALLIEU	01:38:38	FV50	Metropolitan Police, GBR	6:08/K	9.8kph	172			
61	90	MEL HALL	01:38:57	FV35	South Wales Police, GBR	6:09/K	9.8kph	174			
62	222	SARAH HERN	01:43:51	FV40	Hertfordshire Constabulary, GBR	6:27/K	9.3kph	178			
63	218	CLAIRE LOCKYER	01:44:25	FV45	Hampshire Constabulary, GBR	6:29/K	9.2kph	181			
64	246	HEATHER MITCHELL	01:44:51	FV55	West Yorkshire Police, GBR	6:31/K	9.2kph	182			
65	33	ANGELA PARSONS	01:45:57	FV55	Essex Police, GBR	6:35/K	9.1kph	185			
66	55	SARAH TULK	01:48:30	FV35	Kent Police, GBR	6:44/K	8.9kph	187			
67	257	EMMA IRELAND	01:50:38	FV35	Cheshire Constabulary, GBR	6:52/K	8.7kph	188			
68	77	MIRIAM PETOVSKA	01:51:16	FOpen	Metropolitan Police, GBR	6:55/K	8.7kph	189			
69	107	MARTINA AKRILL	01:52:10	FV40	Humberside Police, GBR	6:58/K	8.6kph	190			
70	141	SUE HARRISON	02:01:12	FV55	Lancashire Constabulary, GBR	7:32/K	8.0kph	192			
71	71	LAURA SUTTON	02:04:51	FOpen	Metropolitan Police, GBR	7:45/K	7.7kph	193			
72	52	WENDY GILHAM	02:06:18	FV55	Kent Police, GBR	7:51/K	7.6kph	194			
73	112	ALEXANDRA SPARGO	02:11:08	FV45	Wiltshire Police, GBR	8:09/K	7.4kph	196			min
74	224	TERASA HOLDEN	02:13:31	FV50	Hertfordshire Constabulary, GBR	8:18/K	7.2kph	197			

West Midlands Trophy

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	ID Num
1	250	IAN PHILLIPS	01:05:49		MV45	Derbyshire Police, GBR	4:05/K	14.7kph	4	
2	185	STEPHEN CARMICHAEL	01:05:55		MV45	Police Scotland, GBR	4:06/K	14.7kph	5	
3	191	MARK REILLY	01:06:36		MV50	Police Scotland, GBR	4:08/K	14.5kph	6	

Gurnard Pines Cup

Place	Bib #	Name	Time	Class	Type	Hometown	Pace	Speed	Overall	Age	ID Num
1	76	KAT ALPE	01:07:32		FV35	Metropolitan Police, GBR	4:12/K	14.3kph	13		
2	215	LINDSAY DIXON	01:08:42		FV45	Cheshire Constabulary, GBR	4:16/K	14.1kph	23		
3	167	DIANNE LAUDER	01:08:57		FV45	Police Scotland, GBR	4:17/K	14.0kph	29		

